

To All Keio University Students:

Keio University Health Center Shonan Fujisawa branch

Notice on the AY 2026 Annual Health Checkup

The Keio University Health Center holds Annual Health Checkups (health checkups) for all students based on the School Health and Safety Act. The Keio University Regulations also stipulate that “All students should undergo health checkup on an annual basis,” so be sure to take the health checkup. Students who were admitted to the university in September 2025 should also attend this health checkup. Health checkups for current students will not be held in the fall.

Please check the Keio University Health Center website on a regular basis or as necessary. (We may also release information through the portal site)

Keio University Health Center website // More information on the Annual Health Checkup
<https://www.hcc.keio.ac.jp/en/health-checkup/index.html>



In principle, we do not conduct health checkups outside of the designated period.; however, please consult separately with the Health Center if during the designated period you will take a temporary leave of absence, are studying abroad, are prohibited from coming on campus because of an infectious disease stipulated by the School Health and Safety Act, are unable to travel to the university due to illness.

① Step 1 Fill out the pre-checkup medical questionnaire (online)

[Registration period] From 9:00 on Wednesday, April 1, 2026 (tentative) to the morning of the day students undergo the health checkup.

<https://hcweb.hcc.keio.ac.jp/rid/id-login>

* Please be sure to undergo the health checkup after filing out the pre-checkup medical questionnaire. You will not be able to undergo the health checkup if you do not fill out the questionnaire.



[Important Notes]

1. You may be contacted by email at a later date depending on the content of the medical questionnaire. If you are contacted, please check the instructions and attend a doctor's consultation if necessary.
2. If you feel unwell, please consult the Keio University Health Center or another medical institution without waiting to be contacted.
3. If you would like to discuss considerations for classes and taking courses (credit acquisition), please consult directly with the Office of Student Services on your campus.

② Step 2 (current students/graduate students) Obtain a urine sample container

[Distribution period] From Late-March 2026

[Place to obtain] Health Center Shonan Fujisawa branch or The Media Center side in front of the Office of Student Services Counter in the Alpha Building (Main Building).

※Should it be difficult to obtain in advance, you can also pick it up on the day of your health checkup. Please come directly to the Health Center. We generally do not permit urine sample collection at the health checkup venue.

※New undergraduate students had been sent a container together with their admission registration documents in the post.

③ Step 3 Health checkup examinations (advance reservation system)

Students planning to register for Physical Education courses (including those planning to take them in the Fall Semester) must undergo their health checkup at Shonan Fujisawa Campus in order for PE instructors to confirm their registration.

Students of the Faculty of Nursing and Medical Care should undergo their health checkup at the designated date and time. (No reservation required.)

[Checkup Items]

Body measurements (height/weight), urinalysis, visual acuity, Blood pressure/Pulse rate, physical examination, electrocardiogram (*1), chest X-ray (*2)(*3)

*1 Only for new undergraduate students and those instructed *2 Only for new students and those instructed

*3 Those who are prohibited from undergoing chest X-rays due to the wearing of medical devices, or those who have been instructed to remove such devices at the time of imaging tests are not allowed to undergo chest X-rays. If you are able to remove the device by yourself, you may undergo a chest X-ray after doing so. Those who are unable to remove such devices by themselves should undergo a chest X-ray to be conducted and supervised by their physician in charge and submit the results thereafter.

[Period to make an appointment]

From 9:00 on Wednesday, April 1, 2026 (tentative) to the morning of the day students undergo the health checkup.

<https://keio-health-center.rsvsys.jp/>

The student ID number required when logging in will be displayed on the Online Questionnaire screen.



[Venue] SFC Gamma Building (Gymnasium), Shonan Fujisawa Campus

[Date and time] (Please check the latest information when making a reservation.)

	9:30–11:45		13:30–16:00	
April 2 (Thu.)	Male	Faculty of Nursing and Medical Care first - to fourth - year students	Female	Faculty of Nursing and Medical Care first - and third - year students
April 3 (Fri.)	Female	Faculty of Environment and Information Studies first - year students Faculty of Nursing and Medical Care fourth - year students	Male	Faculty of Environment and Information Studies first - year students
April 6 (Mon.)	Male	Faculty of Policy Management first - year students	Female	Faculty of Nursing and Medical Care Second - year students
April 7 (Tue.)	Female	Faculty of Policy Management first - year students	Male	
April 8 (Wed.)	Male		Female (until 15:30)	

* advance reservation system

* Second- to fourth-year undergraduate students, graduate students can apply for all schedules.

* If you require special considerations when taking the health checkup, please consult the Health Center in advance.

[Important notes]

1. Please be sure to undergo the health checkup after registering for the pre-checkup medical questionnaire in Step 1. You will not be able to undergo the health checkup if you do not register.
2. **Students planning to register for Physical Education courses (including those planning to register for the Fall Semester) are required to undergo the health checkup at Shonan Fujisawa Campus. If you had a health checkup at a campus other than SFC, it will take more than one month to complete the procedures to take PE courses. During that period, you will not be able to make reservations for PE courses.**
If a student enrolled in physical education courses has restrictions on physical activity due to illness or injury under medical treatment, this information will be shared with the Office of Student Services and the faculty member in charge of the physical education course.
3. First-year students of the Faculty of Policy Management and Faculty of Environment and Information Studies are required to make an appointment at the designated date and time. If you are unable to make it to the health checkup on the designated date and time, please undergo a health checkup during the dates and time set separately for males or females.
4. Appointments can only be made once per person. Although it is possible to change your appointment, this cannot be done if the date and time of your original appointment has already elapsed. Even if you don't have an appointment, it is possible to directly visit the health checkup venue to undergo the health checkup at the desired date and time; however, as people with appointments will be given priority, please come with plenty of time to spare. (Please note that students without appointments will undergo the health checkup upon confirmation of a vacant slot.)
5. Because no locker facility is available at the venue, assume responsibility for your belongings. The Health Center is not liable for any loss of your belongings.
6. On the day of the health checkup, please do not come to the university if you are feeling unwell. Please wear a mask during your health checkup as some tests are conducted in close quarters. We appreciate your cooperation.
7. If you do not undergo the health checkup examinations, the issuance of "Certificate of Annual Health Checkup" will not be permitted.

[Things to bring on the day of the health checkup]

1. Student ID card
2. Urine: Please obtain the urine sample container in Step 2, collect a urine sample on the morning of the health checkup, and bring this with you to the health checkup venue.
If you are menstruating, please do not bring a urine sample taken on the day and instead report this at the reception.
3. A pair of indoor shoes and a bag to put outdoor shoes.
4. All new students and medical students must undergo a chest x-ray. Please bring the items listed below with you.
 - Plain T-shirt (any color): no T-shirts with paddings, metal fittings, pockets, or buttons including bra tops, small prints, embroidery, or reflectors (reflective prints)

https://drive.google.com/file/d/1JVQHfBtWN8Ft1F_eVhUQToyOKqSb4UOE/view?usp=drive_link



- Hair bands or clips to fix your hair above the neck

*Avoid wearing one-piece clothing items (overalls, etc.) as these items of clothing are not acceptable for checkups.

[Results of health checkup examinations]

After completing your health checkup, you can view the results through the on-campus portal site. At a later date we will announce when you can view your results, so please ensure to check the results of your checkup.

Submitting Annual Health Checkup Results

If a copy of the results for a health checkup that was taken by a student at an external medical institution are submitted, these can be used in lieu of the annual health checkup (but only if the results are for a health checkup that was conducted on or after April 1, 2026); however, it will not be possible to issue a "Certificate of Annual Health Checkup" in the name of the university in such cases.



<https://www.hcc.keio.ac.jp/en/health-checkup/student/extra.html>

The issuance of Certificate of Annual Health Checkup

(for on-site training as part of teacher training courses, scholarships, dormitory applications, etc)

The Health Center usually needs at least three weeks to issue a Certificate of Annual Health Checkup and other certificates for scholarships or study abroad after completing the health checkup. If you need them earlier, take the health checkup as early as possible and apply for the documents on that day at the Health Center to receive them in time. However, please note that the Health Center cannot issue a Certificate of Annual Health Checkup earlier for job applications.