

Student Counseling Room

What is the Student Counseling Room?

This service was established to give all students the opportunity to consult with a counselor on various issues that may arise during the course of your studies at Keio University.

Rather than struggling with problems alone, students are encouraged to consult with staff at the Counseling Room for professional assistance.



We assist with:

- Academic studies
- Extracurricular activities
- Life planning and career guidance
- Interpersonal relationships
- Queries regarding personality/behavioral concerns
- Physical and mental health issues
- Other issues that arise as part of student life



Making an appointment



- To request an appointment, contact the Counseling Room in person or by phone.
- The Counseling Rooms at any campus are available regardless of your affiliation.

Confidentiality

*All personal details and the content of all counseling sessions are confidential.
(There are some exceptions to confidentiality.
If you have any questions or concerns about the Student Counseling Room confidentiality policies, please contact us.)



Please check more information about the consultation process and resources on mental health care.



<https://www.students.keio.ac.jp/com/life/consult/counseling-room.html>



Events



The Student Counseling Room hosts numerous workshops to assist students with self-discovery and self-expression. These activities also provide a venue for students to expand social network. Please refer to the homepage for upcoming events.

Some of our workshops are held in both Japanese and English. All students are welcome to participate in any programs.



Location

Hiyoshi Campus

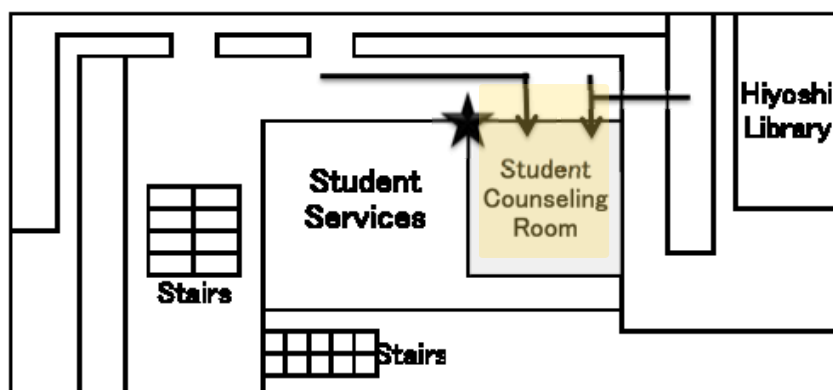
【Tel】 045-566-1027

【Office Hours】

Monday to Friday /
9:30AM-4:30PM

【English is available】

Monday to Friday /
9:30AM-4:30PM
(Friday PM only.)



1F, 4th Bldg.,
Independence Wing(Dokuritsukan)

Mita Campus

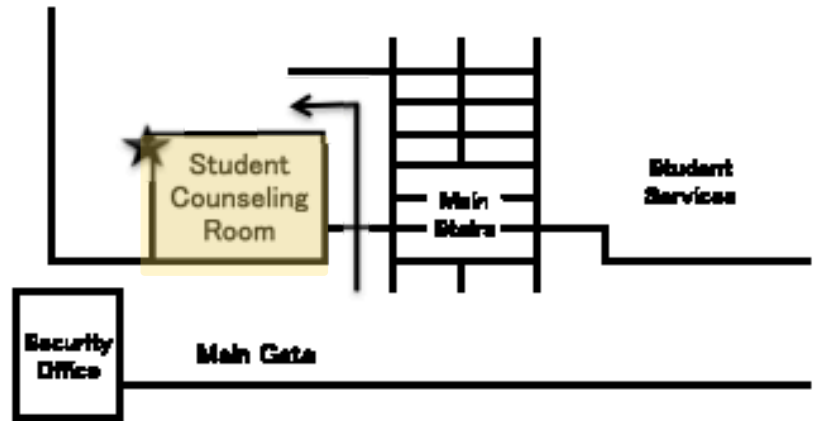
[Tel] 03-5427-1575

【Office Hours】

Monday to Friday /
9:30AM-4:30PM

【English is available】

Wednesday & Friday /
9:30AM-4:30PM



B1F, South School Bldg.

Yagami Campus

[Tel] 045-566-1431

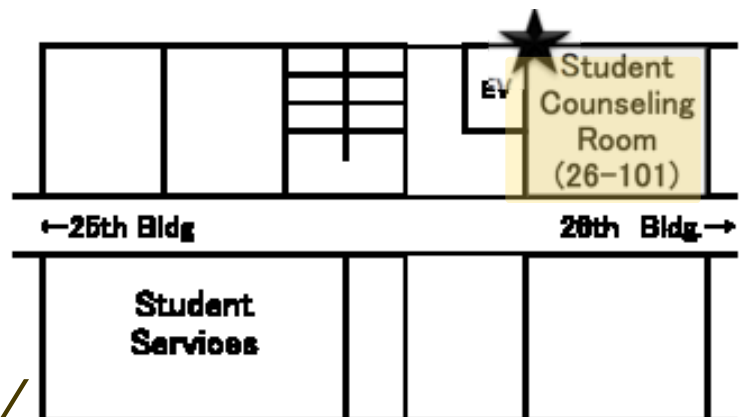
【Office Hours】

Monday to Friday /
10:00AM-5:00PM

【English is available】

Monday, Thursday & Friday /
10:00AM-5:00PM

(Friday AM only.)



Room 101, 1F, 26th Bldg.

