

# A Guide from the Wellness Center Student Counseling Room

April, 2021  
Keio University Shonan Fujisawa Campus(SFC)

\*The staff at the Wellness Center aim to provide comprehensive assistance and to resolve with our students any problems they may encounter, so that our students may enjoy and get the most out of their time on campus.

\*Whether about academics or your future, regarding relationships of family, friends or significant others, or concerning anxieties of a general nature, please feel free to visit us with problems regarding any aspect of your student life.

\*Strict confidentiality will be maintained.

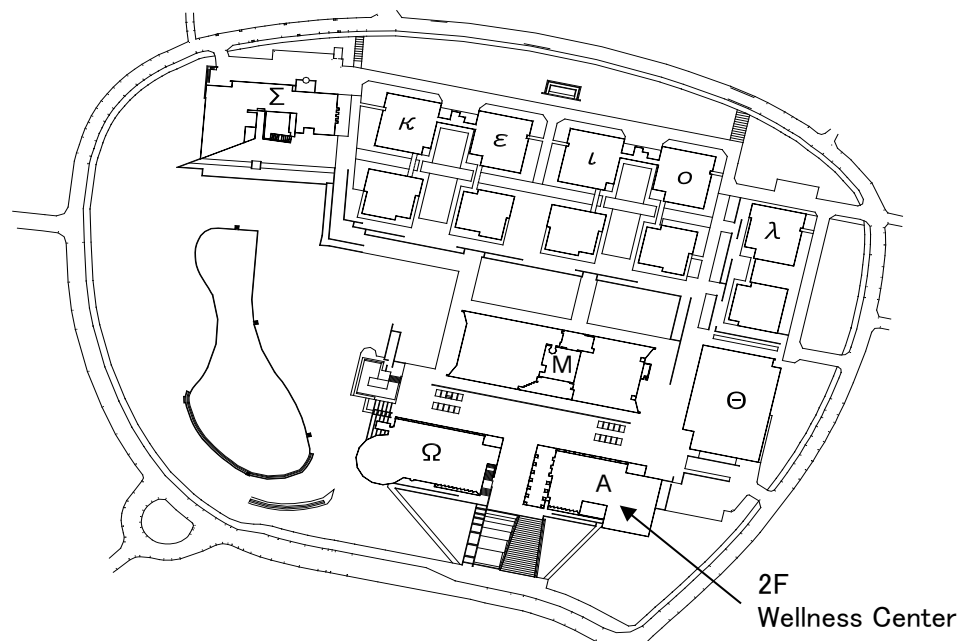
## Contact Information for Appointments and Inquiries:

Location :  $\alpha$  Building, 2nd Floor

TEL : 0466-49-3411

Email : [gakuseisoudan@sfc.keio.ac.jp](mailto:gakuseisoudan@sfc.keio.ac.jp)

HP : <https://counseling.sfc.keio.ac.jp/english.html>



## Counselor Office Hours

	Mon	Tue	Wed	Thu	Fri
Hours	Morning 9:00-12:00 Afternoon 1:00-4:00	Morning 10:00-12:00 Afternoon 1:00-4:00	Morning 10:00-12:00 Afternoon 1:00-4:00	Morning 9:00-12:00 Afternoon 1:00-2:00	Morning 9:00-12:00 Afternoon 1:00-4:00
Counselor	Sadayasu Onishi Matsumoto	Kurokawa* Shimura Matsumoto	Kurokawa* Kitamura Onishi	Onoda Kitamura Yamada	Sadayasu Shimura Yamada

• The Student Counseling Room is closed on Saturdays.

• If your schedule does not permit otherwise, it is possible to schedule an appointment during lunch hours.

• Currently, we mainly provide online counseling via Zoom and Webex.

In-person counseling on campus is also available upon request.

\* Counseling in English is available as well, indicated by the asterisk.

## <Our Counselors>

Gen Sadayasu	: A graduate of SFC, I lecture Shinshin-Wellness and Kokoro no Exercise. I enjoy watching movies, outdoor activities and practicing yoga at home.
Akiko Onishi	: I practice psychological counseling in the field of parenting and education after some experience at medical and welfare areas. I enjoy physical activities such as tennis, badminton, and mountaineering.
Tomoko Matsumoto	: My tenure as a student counselor just exceeded 15 years. I'm talented in communicating with cats and I enjoy bathing in the atmosphere of museums and art galleries.
Takanori Kurokawa	: I'm a clinical psychologist licensed in the state of California, US. I provide psychodynamic psychotherapy in both Japanese and English. My specialties include multicultural adjustment issues, anxiety, depression, personality disorders, and romantic relationship/couples therapy.
Yuko Shimura	: I work at a hospital and a clinic as well. My hobbies are gardening, tennis and reading.
Makiko Kitamura	: I work at a mental hospital as well. My field of interest is in psychoanalytical psychotherapy and my speciality is the Rorschach test.
Naoko Onoda	: I work at a mental hospital as well. I hope to assist individual students in achieving purposeful campus lives.
Kazuko Yamada	: I became a clinical psychologist after 15 years of a company employee. I'm engaged in the field of childcare & education as a counselor after some experience in the medical field. I'm interested in group dynamics & interpersonal relationships besides individual mental problem.