

Chapter 8

Daily Life



8 Daily Life

Life in a foreign country with different cultures and habits can be challenging, but a wonderful experience. This chapter provides some useful information for living in Japan.

8-1 Living Cost

Currency

円(en)

Japanese yen

The currency in Japan is the yen (JPY).

The yen notes are divided into 4 bills: ¥ 1,000, ¥ 2,000, ¥ 5,000, ¥ 10,000. On the other hand, yen coins are divided into 6: ¥ 1, ¥ 5, ¥ 10, ¥ 50, ¥ 100, ¥ 500.

Although cashless payments are becoming more popular, there are still shops which only accept cash, especially outside of Tokyo. Therefore, you need to carry a certain amount of cash all the time.

Consumption Tax

消費税 (shouhi-zei)

consumption tax

The Consumption tax rate in Japan is 10%, except for food and beverages which is 8%. The 10% consumption tax is applied when you eat and/or drink at the eating space of suppliers like fast food chains, convenience stores, and others. Price tags have to include the consumption tax amount.

Tipping

If you are from a country where tipping is common, you will need to get used to the fact that tipping is relatively rare in Japan. Tipping is not expected and will be turned down in most situations.

Living Expenses in Japan

Monthly living expenses in Japan for a student from overseas on average nationwide come to about 130,000 JPY.

Moreover, the cost of living varies depending on factors such as housing expenditure, food budget, lifestyle, etc.

Examples of the monthly budget and spending (student/living alone)

Example: 2nd year student, female

Budget	Support from parents	¥60,000
	Scholarship	¥40,000
	Part-time job	¥40,000
	Total	¥140,000
Spending	Rent	¥70,000
	Food	¥25,000
	Electricity, water, gas	¥12,000
	Social expenses	¥10,000
	Phone	¥8,000
	Books	¥5,000
	Transport	¥20,000
	Miscellaneous	¥10,000
	Total	¥160,000

Foods
 Bottle of water ¥130
 McDonald set meal ¥650
 Lunch box ¥600

Example: 2nd year student, male

Budget	Scholarship	¥50,000
	Part-time job	¥60,000
	Total	¥110,000
Spending	Rent	¥68,000
	Food	¥30,000
	Electricity, water, gas	¥8,000
	Social expenses	¥10,000
	Phone	¥8,000
	Books	¥5,000
	Transport	¥15,000
	Savings	¥10,000
	Total	¥154,000

Transportation
 Bus from SFC to Shonandai ¥270
 Subway to Yokohama ¥370
 Train to Tokyo ¥1,090

8-2 Free Wi-Fi

List of Japan Connected-free Wi-Fi Hotspots



<https://www.ntt-bp.net/jcfw/area/index.html>

Free public Wi-Fi in Japan

Free public Wi-Fi networks in Japan are available in large cities but are sparse in the countryside and mountainous regions.

While the number of Wi-Fi hotspots is increasing, there are not enough free Wi-Fi services available for regular usage.

The following facilities provide free Wi-Fi service. Some require pre-registration via the service providers' website.

- International airports (Narita, Haneda)
- Hotels
- Some cafes/restaurants (Starbucks, McDonald's, etc.)
- JR and subway stations in large cities
- Shopping malls (Terrace Mall etc.)
- Supermarket (Ito Yokado, etc.)

Wi-Fi at SFC

Keio University offers wireless LAN services on campus. Once configured, you can easily connect to the internet using your computer, tablet, or smartphone. To protect yourself and other users from cyber threats, please ensure your devices have appropriate security measures installed.

8-3 Postal Service (*Takuhaibin*)

Japan Post, one of the main delivery services in Japan, provides a range of postal services including the delivery of postcards, letters, parcels, and registered mail, as well as banking and insurance services.

Takuhaibin Delivery Services are convenient for sending parcels, luggage, and various other types of goods from door to door nationwide. You can even use *takuhaibin* service for your moving unless you have lots of belongings.

You can send *takuhaibin* any time of the day from any convenience store while most post offices are only open from 9:00 to 17:00 on weekdays (Some large-scale post offices are open on Saturdays).

Delivery is usually made by the next day, and costs are moderate. You will receive mail and packages through either Japan Post or *Takuhaibin* Delivery Services. If you are not at home upon delivery, delivery staff will take them back and leave a notice of delivery instead.

You can request re-delivery by phone or online (depending on the delivery company).

Instructions on how to schedule a redelivery are usually written on the slip. The delivery companies usually keep your item for 1 to 2 weeks before it is returned to the sender if no redelivery request is made.

For international mail service, you have EMS from Japan Post, DHL, and FedEx.

Postal Service

Japan Post



https://www.post.japanpost.jp/index_en.html

Takuhaibin

Nippon Express



<https://www.nipponexpress.com/>

Yamato Transport



<https://www.kuronekoyamato.co.jp/en/>

Sagawa Express



<https://www.sagawa-exp.co.jp/english/>

8-4 Commute

Campus Access



<https://www.sfc.keio.ac.jp/en/maps.html>

神奈中バス
Kanachu Bus

As SFC is located 3.5 km away from Shonandai, the nearest train station, many students commute by bus or bicycle.

For students living in Shonandai.....by bus/bicycle to SFC

For students living outside of Shonandai....

by train/subway to Shonandai

by bus from Shonandai to SFC

Bus from Shonandai to SFC (*Kanachu* Bus)

It takes approximately 15-20 minutes to reach the campus. Bus fare is 270 JPY. (as of April 4, 2026)

Buses for Keio University depart from Bus Stop #1, at the West B Exit of Shonandai Station. The following bus routes are bound for Keio University:

☆ Sho23 [湘 23] bound for Keio University [慶応大学]

☆ Sho24 [湘 24] bound for Keio University [慶応大学] via Sasakubo [笹久保]

☆ Sho25 [湘 25] express (Twin Liner) bound for Keio University [慶応大学]

Within the campus, buses will stop at:

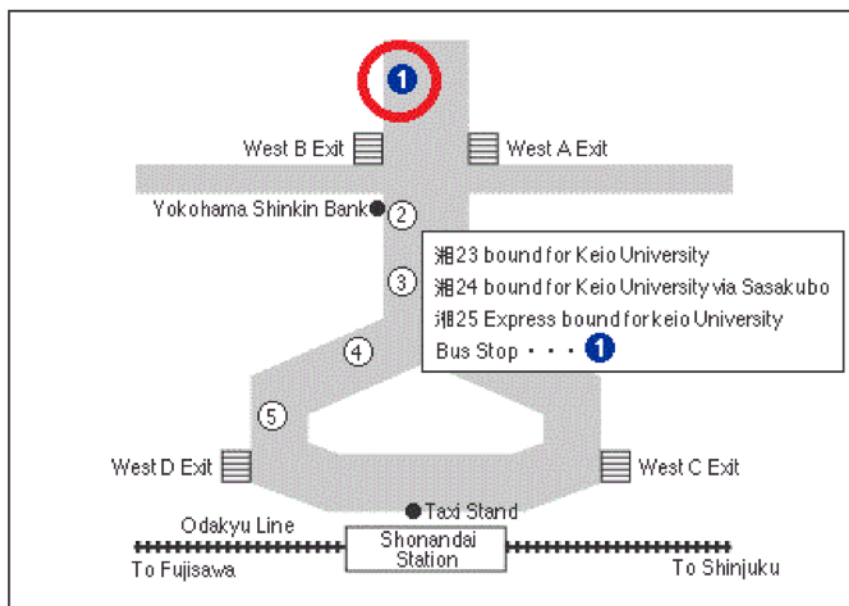
☆ Keio Daigaku [慶応大学] (Bus Stop A on the campus map; closest to the Faculty of Nursing and Medical Care Building)

☆ **Keio Daigaku Honkan-mae [慶応大学本館前]** (Bus Stop B on the campus map) **PLEASE GET OFF HERE!**

☆ Keio Chukotobu-mae [慶応中高等部前] (Bus Stop D on the campus map; closest to Keio Shonan Fujisawa Junior and Senior High School)

<Note>

*Buses do not stop at Keio Daigaku Honkan-mae [慶応大学本館前] and Keio Chukotobu-mae [慶応中高等部前] on Sundays and holidays.



※ We ask that students take personal responsibility for their actions and avoid becoming a nuisance to others such as talking loudly on public transportation.

Bus from Tsujido to SFC (Kanachu Bus)

It takes approximately 25-30 minutes to reach the campus. Bus fare is 430 JPY. (as of April4, 2026)

Buses for Keio University depart from Bus Stop #2, at the North side of Tsujido Station. The following bus route is bound for Keio University:

☆ Tsuji 34 [辻 34] bound for Keio University [慶応大学]



(Twin-liner bus)

Time Table for 辻 34

from Tsujido

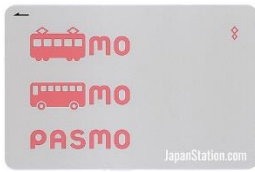


<https://transfer-cloud.navitime.biz/kanachu/courses/timetables?busstop=00023901&course-sequence=0008002330-1>

<Note>

*Buses do not stop at Keio Daigaku Honkan-mae [慶応大学本館前] on Sundays and holidays.

Pasmo



Issued by subway and train companies other than JR, and is fully compatible with Suica.

Suica



Issued by JR East and is fully compatible with PASMO

How to Pay Bus Fares

The bus fares can be paid by cash or by prepaid IC card. (such as Suica or PASMO).

When paying with cash, it is recommended to prepare the exact fare amount before boarding. Some buses do not dispense change even if you insert an amount higher than the fare into the fare box. It is also possible to break your money into smaller coins by inserting 1,000-yen bills, 500-yen coins, or 100-yen coins into the changer attached to the fare box.

Prepaid IC cards are rechargeable transit cards that can be purchased at ticket vending machines in train stations. When buying a new card, a ¥500 refundable deposit is included in the initial cost. (You can receive this deposit back when you return the card to a station ticket counter).

When using a prepaid IC card on a bus, simply tap it over the contactless reader when boarding and getting off. You can top up the card at ticket vending machines in train stations, or you can ask the bus driver to top it up for you on the bus.

Here are some tips from previous new students on how they dealt with this problem.

- Obtaining Suica/Pasmo cards from acquaintances, or buying spares available online.
- Using a mobile payment system (e.g., Apple Pay) which does not require a physical Suica/Pasmo card.
- Paying cash for paper tickets at each station destination (which is quite inconvenient).
- Using Suica/Pasmo cards that the students themselves or their relatives had kept from past trips to Japan.
- Buying a one-month student commuter Suica/PASMO pass for the shortest available distance and then topping it up (the card can still be used even after the pass expires).

Taxi

A taxi ride from the west side of Shonandai Station to Keio University will take approximately 10 to 15 minutes. Taxi fare is approximately 1,500 to 2,000 JPY.

To hail a taxi, go to a taxi stand in front of train stations or flag one down at a location where it is safe for it to stop. It is easy to find taxis on the street in Tokyo, but not in the SFC area. Please call a taxi by phone or via the Go App when there is no taxi stand around you.

When you board a taxi, note that the vehicle's left rear door opens and closes remotely by the driver. You are not supposed to open or close the door by yourself.

Train/Subway

Shonandai station is an express stop on the **Odakyu Enoshima Line**. It's also the terminus of both the **Yokohama Subway Blue Line** and **Sagami Railway (Sotetsu) Izumino Line**.

Student Commuter Pass

Students can purchase a student commuter pass (*tsugaku teiki-ken*), which allows them to take unlimited rides between the station nearest to their residence and the station nearest to the campus.

Your student commuter pass can be issued onto your current Suica or PASMO card.

Additional fares apply when traveling outside the designated route. This pass is strictly non-transferable and may only be used by the registered cardholder.

Passes are available in one-, three-, and six-month durations. (Please note that while longer periods offer higher discounts, they also carry a greater financial risk in the event of loss.)

Student commuter passes can only be issued for a single, most economical route between your residence and the campus.

Update your address via K-Support before applying if it has changed.

Taxi companies in SFC area

Kanachu-Taxi
0120-777-701

Shonan Taxi
0120-01-8801
0466-50-8801

Soai Kotsu
0120-87-2610

Minami Shokai
0120-04-4373
0466-44-0010

Go App



<https://go.goinc.jp/lp/inbound>

通学定期券(*tsugaku teiki-ken*)
student commuter pass

*Please Note: Research students are eligible only for regular commuter passes (*tsukin teiki-ken*), not student commuter passes. Although the regular pass rates are higher, they remain more economical than standard daily fares.

How to Purchase a Student Commuter Pass

通学証明書 (Tsugaku shomeisho)
a Student Commuter Certificate

Purchasing method for Student Commuter Pass



<https://www.students.eio.ac.jp/en/com/procedure/pass/>

<For trains/subways/buses>

- ① Log in to the Certificate Issuance Service and apply for "03_Student Commuter Certificate for issuance of student commuter pass."
- ② Print the "Student Commuter Certificate" at a convenience store or a certificate issuing machine on campus.
- ③ Fill out the required details (route, validity period, and start date) on the certificate, and submit it to a station ticket office or bus ticket counter to purchase your pass.
- ④ * To purchase a combined pass for two different lines (e.g., Sotetsu Line and Tokyu Line), you must visit Yokohama Station.

Address

expected date of graduation

通学証明書	
学校種別又は指定番号	大学
通学者の氏名・年齢	慶應 花子 (19 才)
通学者の居住地	東京都港区三田2-15-45 慶應マシソン101 電話: 03-1234-5678 090-1234-5678
学科及び学年	文学部 第1学年
身分証明番号	12345678
通学区間 (*)	① ~ ② 高 ③ 最寄
通学定期乗車券の有効期間 (*)	④ 1 箇月 ~ 3 箇月 ~ 6 箇月
通学定期乗車券の使用開始日 (*)	⑤ 年 月 日
卒業予定年月日	2020 年 3 月 31 日
(*) の項目は通学者本人が記入する (または口で読む) こと	
発行日	2022 年 4 月 1 日 発行
学校所在地	神奈川県横浜市神奈川区日吉4-1-1
学校名	慶應義塾大学
学校代表者氏名	学長 伊藤 公平

Fill in before submission

① Home Station

② School Station

③ Via (change at)

④ Duration:
1 month / 3 months / 6 months

⑤ Commuter pass commencement date:
Year / Month / Day

Bicycle

Commuting by bicycle is a great alternative if you want to avoid long queues and overcrowded buses. By riding a bicycle, you will never have to worry about missing the start of your class due to bus delays. The distance from Shonandai Station to SFC is about 3 km along a hilly road, which takes approximately 20 minutes by bicycle.

Bicycle Registration

It is mandatory to register your bicycle.

While the crime rate is low in Japan, bicycles and umbrellas are exceptions to the rule—they are frequently stolen. You might be stopped by the police when riding your bicycle at night. However, there is no need to panic, as you can easily prove ownership using the registration number on your bike.

When you buy a new bicycle from a local shop, the staff will help you with the registration. Simply fill out the form and pay 600 JPY. The staff will then place a registration sticker on your bike. This is issued by the local police, and its expiration date varies depending on the prefecture (for example, it is 7 years in Kanagawa Prefecture).

If you purchase a bicycle online, visit the nearest designated bicycle shop to register it. You will need to bring your ID card, your bicycle warranty or proof of purchase (which is usually included with the bicycle), and the bicycle itself.

If you receive a bicycle from a friend or someone else, you need to register it at the nearest bicycle shop. In addition to your ID and the bicycle, you must bring a "Bicycle Transfer Certificate" (*Joto Shomeisho*) signed by the previous owner.

Bicycle Insurance

Kanagawa Prefecture requires all bicycle riders to have liability insurance (such as bicycle casualty insurance) to ensure they can cover compensation for damages or injuries caused to others in an accident. Please review your current insurance policies and make any necessary adjustments or sign up for a bicycle insurance plan. It costs approximately 3,000 JPY per year.

*If the rider is a minor (under 18 years old), a parent or guardian is required to enroll on behalf of the rider.

自転車防犯登録
(*jitensha bouhan*
touroku)

bicycle registration

自転車譲渡証明書
(*jitensha joto shomei-*
sho)

Bicycle Transfer
Certificate



<https://www.kanajibou.jp/download.html>

Download the top PDF
(Japanese Only)

自転車損害賠償責任保
険等 (*jitensha songai*
baisho sekinin hoken
to)

bicycle liability
insurance, etc.

*Any accidents
occurring during
your commute to
and from the
university are
covered by
Gakkenbai.
(Please see 7-3
for details)

Parking Bicycles at SFC

Students who commute to SFC by bicycle must park in the parking lot located across from the security office at the North Gate. It is free of charge and notification to the university is not required. Please use a double lock to prevent bicycle theft. Keio University shall not be responsible for any loss, damage, or troubles in the parking space. Abandoned bicycles will be removed, so please look after your own bicycle.

Bicycle-Sharing Service

Daichari



<https://daichari.helloclycling.jp/>

(Japanese language only)

30 min/160 JPY
up to 12 hours/2,500 JPY

The shared bicycle service "Daichari" is an electric bicycle (e-bike) rental service. There is a station near the North Gate of SFC. You can book an e-bike from your smartphone.

Traffic Rules for Bicycles

Effective April 1, 2026, cyclists aged 16 or older will be issued blue tickets for traffic violations and subject to fines

- ✓ Ride on roadways in principle. Riding on sidewalks is allowed only in exceptional cases.
- ✓ Keep to the left on roadways.
- ✓ At crossings, make sure to obey the traffic lights, come to a complete stop, and check it is safe
- ✓ Do not ride under the influence of alcohol.
- ✓ Do not carry a passenger.
- ✓ Use your front light after dark.
- ✓ Do not ride a bicycle that is not equipped with a front light and brakes.
- ✓ Wear a helmet (strongly encouraged).
- ✓ Do not ride while holding a mobile phone or similar device to make calls or operate it, or stare at the screen.
- ✓ Do not ride while using earphones or similar devices that prevent you from hearing surrounding sounds or voices.
- ✓ Do not ride with one hand, such as while holding an umbrella.

Blue Ticket Penalties



https://www.city.fujisawa.kanagawa.jp/documents/34144/english_2025.pdf

8-5 Part-Time Jobs

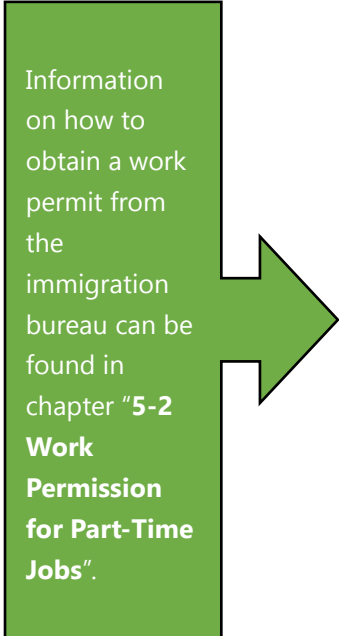
Many international students look for part-time work to cover their tuition and living expenses. However, the "Student" visa status is strictly granted for educational purposes. Therefore, to engage in any paid employment, international students must obtain official authorization known as the "Permit to Engage in Activity other than that Permitted by the Status of Residence Previously Granted" from their local regional immigration bureau.

Limit to Work Hours

With this permit, students are allowed to work part-time for up to 28 hours per week (up to 8 hours per day during summer, winter, and spring holidays). However, students are not allowed to engage in employment prohibited by the Immigration Control Law, such as jobs at entertainment business venues like bars where servers sit with customers, pachinko parlors, etc. It is prohibited to work there even as kitchen staff. Any violations of the conditions of the part-time work permit may result in a fine or deportation.

Paid Internships

If you intend to pursue a paid internship, it is necessary to obtain a permit from the Immigration Bureau to engage in part-time work. The permitted working hours are the same as for part-time jobs. Before you start your internship, it is your responsibility to check in advance about the duration of the internship and whether you will be compensated. If you will not receive compensation for the internship, you do not need to apply for this permit.



Information on how to obtain a work permit from the immigration bureau can be found in chapter "**5-2 Work Permission for Part-Time Jobs**".

Job Search Sites

Gaijinpot:

<https://jobs.gaijinpot.com/index/index/lang/en>

Craigslist

<http://tokyo.craigslist.org>

Job@chikyujin

<https://job.chikyujin.jp>

Disputes

Tokyo Metropolitan Labor Consultation Center Offices



<http://www.hataraku.metro.tokyo.jp/soudan-c/center/e/index.html>

Kanagawa Labor Bureau



https://jsite.mhlw.go.jp/kanagawa-roudoukyoku/madoguchi_annai/soudanmadoguchi/95955/119910.html

How to Find a Part-Time Job

How easy it will be to find a part-time job largely depends on your language ability and the kind of job you wish to do. If you have some proficiency in Japanese, it will be easier to find a job as a translator, or at a restaurant or in another position in customer service. These roles offer the opportunity to improve your Japanese and get a sense of the Japanese work ethic. Language cafes or places frequently visited by foreign customers often hire English-speaking staff without requiring Japanese language skills.

Another popular part-time job is language teaching, either private lessons or helping out at elementary schools.

You can also ask faculty members if they are looking for a student assistant (S.A.) or teaching assistant (T.A.), or if they could introduce you to companies they work with. T.A.s and S.A.s assist faculty members in running classes smoothly by helping with class preparation, providing in-class guidance for experiments and exercises, and offering advice to students regarding course content. If you already have a particular job in mind, you can directly take your CV to the employer and ask whether they have any open positions.

Please also use the websites listed on the left column to search for available jobs.

Disputes at Part-Time Jobs

The Kanagawa Labor Bureau offers free consultation services in English. These services cover work-related issues such as labor contracts, working conditions, paid holidays, and working hours.

8-6 Food

Besides fine-dining restaurants and cafes, you can eat out at casual-dining restaurants including fast-food chain restaurants. Fast food chain restaurants have wide varieties from ramen to hamburgers, from gyudon to conveyor belt sushi. Family restaurants are popular among students as well.

Also, you can buy small snacks such as lunch boxes, sandwiches, and onigiri at any convenience store.

Supermarkets

The cheapest way to eat is always to cook for yourself. Buying food at supermarkets is very economical. Wholesale supermarkets (業務スーパー/*Gyomu Suu paa*) are known to be even cheaper than ordinary ones. Don't forget to bring your own shopping bag, as they charge a fee for plastic bags.

Pro-tip: Fresh and cooked items are often marked down by 10-70% near closing time.

Vegetarian Food

Vegetarian food can be difficult to find in Japan. Most restaurants do not offer vegetarian menus unless they specialize in vegetarian cuisine. Some restaurant staff may remove meat from your dish upon request, but please note that many places cannot accommodate custom orders due to pre-prepared ingredients.

Please use the vocabulary on the right to ask the staff about your dietary options. We also recommend using search engines or dedicated apps to find vegan and vegetarian-friendly restaurants.

ラーメン(*ramen*)



とんかつ(*Tonkatsu*)

Pork Cutlets



たこ焼き(*Takoyaki*)

Octopus balls



スーパー(*suu paa*)

supermarket

業務スーパー(*gyomu suu paa*)

wholesale market

ベジタリアン

(*bejitarian*)

vegetarian

肉なし(*niku nashi*)

no meat

**Vegan & Vegetarian
restaurants in Fujisawa**



<https://www.happycow.net/asia/japan/fujisawa/>

**Muslim Friendly
Restaurant
Guidebook
Kanagawa**



<https://www.yokohama-japan.com/muslim/restaurants/>

Halal Gourmet Japan



<https://www.halgourmet.jp/>

Halal Food

Halal food can be even harder to find than vegetarian food. The concept of “halal food” itself is not yet widely recognized by the general public in Japan.

A wholesale supermarket (業務スーパー) near Shonandai Station sells a variety of Halal-certified products.

For more options, please refer to the Muslim-friendly restaurant information available on the websites listed on the left.

Additionally, using search engines and dedicated apps for halal food will be useful.

Vegetarian / Halal Food at SFC

We have a Halal food section inside the co-op store on campus.

Also, our on-campus dining facilities, such as Tablier and Ladybird, can prepare Halal meals with prior notice. Several vegetarian options are available at the co-op cafeteria.



8-7 Garbage

Garbage (*gomi*) disposal is carried out at the municipal level. Please check with your landlord or your dormitory manager for the local garbage rules.

You are expected to observe all rules and regulations concerning garbage disposal and recycling in your city.

Roughly speaking, there are three broad categories of garbage for disposal purposes:

- Combustible trash (kitchen and other food garbage, etc)
- Non-combustible trash (metals, glass, porcelain, rubber products, etc)
- Recyclable trash (plastic, paper, bottles, cans, magazines, etc.)

Each type of garbage is collected on a specific day. Please make sure to leave your garbage in the designated spot to keep crows and cats away.

For Fujisawa city, you need to use designated garbage bags for combustible and non-combustible trash. (e.g. 400 JPY for a roll of ten sheets of 20-liter bags). You can buy bags from convenience stores, drug stores, and supermarkets within the town.

For large-sized garbage (*sodai gomi*), like furniture, bedding, and home appliances, municipalities have different ways of collecting it. In some places, certain days are set for collecting oversized garbage. In other places, you need to notify the municipal administrative office in advance and then dispose of the garbage on the assigned day. There are also some places that require you to pay collection fees in advance. Collection fees may vary according to the size and kind of garbage. Therefore, please confirm with the municipality or sanitation office on how to dispose of oversized garbage. Please note that the following seven appliances are not considered oversized garbage:

air conditioners, televisions, refrigerators, freezers, washing machines, clothes dryers, and computers.

**Fujisawa Garbage
sorting app**



for Android



for iPhone

可燃ゴミ(*kanen gomi*)
burnable garbage

不燃ゴミ(*funen gomi*)
non- burnable garbage

リサイクルゴミ
(*risaikuru gomi*)
recyclable garbage

粗大ゴミ(*sodai gomi*)
large-sized garbage

8-8 Avoiding Troubles

騒音(*sou-on*) noise

Noise Caution

Even if you have your own space in your apartment, it does not mean you can do anything anytime in your place.

The walls and floors of some apartments are very thin and you can hear the sound of TVs and other noises from neighbors and vice versa.

Try to avoid using a washing machine and/or vacuum cleaner, watching TV very loud, jumping, or playing musical instruments from 8:00 pm to 9:00 am the following day.

When playing online games using headphones, you tend to raise your voice without realizing it. Please refrain from playing games with voice chat functions during the midnight or early morning.

When your neighbors make noise, try not to contact them directly. Make your complaints via your landlord to be anonymous. And when you receive a complaint, please try to reduce noise as you may not be able to continue the apartment contract for the next contract period.

Garbage

Trash-related issues could easily become a cause of trouble with your neighbors. To establish a good relationship with your neighbors, you should follow the local rules for disposal.

Safety

Japan is known as relatively a safe country, however, the crime against young women is not few. Always make sure your door is locked. Do not sleep with your windows open. You can also put the cover on the door scope.

Theft on campus

Unfortunately, theft does occur on campus. Never leave your wallet, computer, or other valuable items unattended, even for a short time. Additionally, bicycle theft in the campus parking areas is not uncommon, so please make sure to lock your bike securely.

Visitors

Do not open your door to strangers!

Visitors without an appointment are almost door-to-door salespeople.

Safety Inspections: Be aware of scams. For instance, a visitor might claim they are "from the fire station" and ask to inspect the fire alarm system in your apartment. Legitimate safety checks are always announced in advance by your landlord, management company, or through a posted notice. Never allow a stranger into your room.

NHK Representative

Under the Broadcast Law of Japan (1950), all residents in Japan, regardless of nationality, who own a television set and/or a device capable of receiving TV signals, are required to conclude a Broadcast Receiving Contract with NHK and pay the receiving fee. An NHK representative may visit your home to request a contract. However, students with limited income or those who meet specific financial exemption criteria (such as originating from a tax-exempt household) may be eligible for a fee exemption. For details and online application, please refer to the NHK official website.

Salesperson from Internet provider companies

They will ask you to switch your internet service provider, but sometimes your landlord might have made a contract with a single provider for a whole apartment building. If you would like to switch your internet service provider, you may need to ask the landlord first for the change.

Delivery

You can ask a delivery person to leave parcels outside of the door.

NHK...Japanese public broadcaster

1ch and 3ch in the Kanto area.

It has satellite channels as well.



<https://pid.nhk.or.jp/jushinryo/multilingual/english/index.html>

NHK Student Exemption System



<https://www.nhk-cs.jp/jushinryo/StudentExemptionBranch.do>

Consumer Counseling Service in Kanagawa in Multiple Languages

外国籍住民相談窓口
(神奈川中央消費生活センター)



<http://www.pref.kanagawa.jp/docs/k2w/cnt/f11914/index.html>

Public Transportation

Please avoid talking loudly and listening to loud music on public transportation.

Alcohol and Smoking

The legal age for drinking and smoking is 20 years old in Japan.

Drugs

The use or possession of illegal drugs is strictly prohibited by law.

Responsible Use of PC and Social Media

Acting responsibly online is essential, particularly when using social media. For instance, posting a photo of yourself or underage friends holding alcoholic beverages on social media can lead to serious consequences.

Drones

Flying drones without permission is strictly prohibited by law.

Cults

There are many cult groups in Japan that recruit university students. They may contact you near the campus or even on campus. They target new students who feel lonely without family or friends in a new environment. These religious recruiters pretend to be students. They will approach you and ask if you are interested in a "self-improvement group" or an "international students' information exchange group." They even disguise themselves as members of Keio University student groups.

Please be aware that there are many dangerous cult groups targeting new students around April and October. If you are unsure about an invitation from someone you don't know well, ask upperclassmen or faculty members. Do not give them your personal information.

Involving in Special Fraud

“Special fraud” is a crime in which suspects telephone victims and pretend to be police officers, victims' family members, etc. to have victims transfer cash to the suspects' bank account. In other cases, a suspect visits a victim's house after such a phone call and directly receives the victim's cash and/or cash cards.

These criminals recruit university students as fraud group members. You might be offered a suspiciously high-paying job by friends or people who pretend to be university students.

Once you get involved in a crime, you are considered a criminal regardless of your circumstances. Even if you did not know it was a crime or were threatened into doing it, you will still be arrested and expelled from Keio University.

Fraud Targeting Chinese Students

Recently, there have been many cases where individuals claiming to be from the Chinese Public Security Bureau, Chinese embassies, the Immigration Services Agency of Japan, or other official overseas institutions tell Chinese students that they are involved in a crime and will be arrested, or that they need to pay a security deposit to avoid arrest. Some of these cases have involved the fraudulent payment of a large sum of money as a deposit.

In some cases, scammers not only present fake identification (such as passport information) to make recipients believe it is from a public institution, but they also send a forged document bearing an official-looking seal. If you receive a suspicious phone call posing as an overseas public institution, please do not make a decision on your own; instead, consult with the university or the nearest police station. Never give out your personal information and never transfer or give money to them.

特殊詐欺(*tokushu-sagi*)
special fraud

Kanagawa Prefectural Police



https://www.police.pref.kanagawa.jp/kurashi/ko-domo_jyosei/mesd5050.html

Immigration Service Agency



https://www.moj.go.jp/is-a/publications/others/nyuukokukanri01_00142.html

Bank Account

It is a CRIME to sell or transfer a bank account without just cause. If there is any change in your information such as address, period of stay, status of residence, or place of work, you should promptly contact the bank with which you have an account. When you leave Japan after graduation from Keio University, make sure to complete the account closing procedure of your financial institution to prevent your account from being used by criminals.

銀行口座（キャッシュカード・通帳）を他の人にあげたり
売ったりすることは犯罪です。絶対にしないでください。

住所、在留期限や在留資格、仕事先などの情報に変更があった場合は、口座を作った銀行にすぐに連絡してください。

It is a CRIME to sell or give a bank account without just cause.
If there is any change in your information such as address, period of stay, status of residence and place of work, you should immediately contact the bank with which you have an account.

买卖、转让银行帐户（提款卡、现金磁卡、储蓄存折）是非法行为，请不要做。
如果您地址、在留期限、在留资格以及工作单位有改变，请立即跟开户银行联络。



은행계좌 (현금카드・통장) 의
매매, 양도는 범죄입니다.
절대로 하지 마십시오.
주소나 체류기간, 체류자격, 직장 등의 정보가
변경되면 계좌를 만든 은행에 즉시 연락하십시오.

Việc mua bán hoặc chuyển
giao tài khoản ngân hàng (bao
gồm thẻ rút tiền mặt, sổ ngân
hàng) là hành vi phạm tội.
Trường hợp có thay đổi các thông tin như
địa chỉ, thời hạn lưu trú, tư cách lưu trú,
nơi làm việc v.v... hãy nhanh chóng liên lạc
báo với ngân hàng mà bạn đã mở tài khoản.

Ipinagbabawal ang pagbebenta o
pagbibigay ng account sa bangko (pati
ng ATM card at bankbook sa ibang tao).
Kapag nagkaroon ng pagbabago sa
impormasyon tulad ng adres, panahon ng
pananatili, pinagtatrabahuhan atbp., mangyaring
ipa-alam agad ang mga ito sa bangko kung saan
nabuksan ang account.

É crime vender, comprar ou
transferir uma conta bancária
(cartão de conta corrente/
caderneta bancária).
Se houver alguma alteração nas informações como
endereço, período de permanência, status de residência,
local de trabalho, etc., entre em contato imediatamente
com o banco onde você abriu a conta.



世界をつなぐ、未来をつくる。
出入国在留管理庁
Immigration Services Agency



金融庁
Financial Services Agency



文部科学省



警察庁
National Police Agency

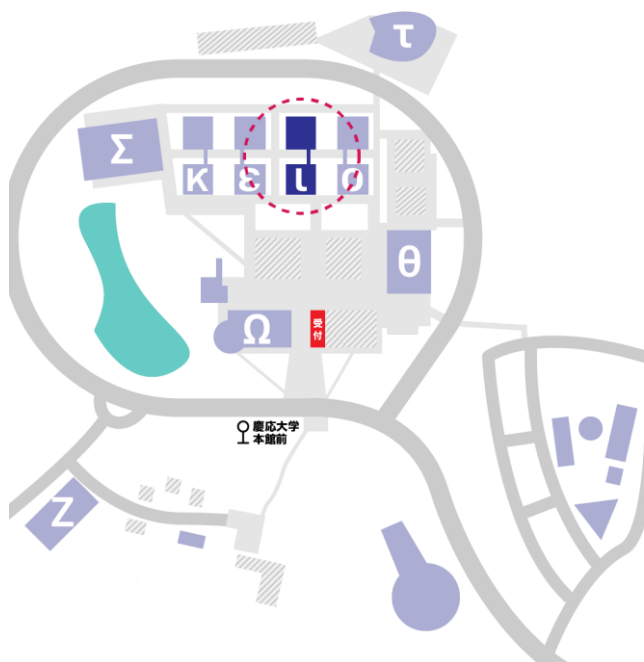
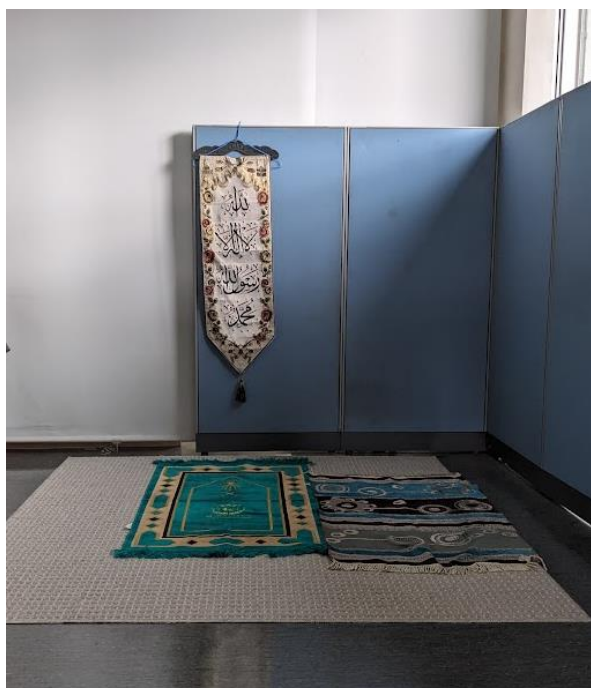


8-9 Religious Facilities

Mosques in Kanagawa

Grand Masjid Yokohama	31-13 Hayabuchi 1-chome, Tsuzuki-ku, Yokohama-city, Kanagawa Tel: 090-3510-2798	https://yokohamamasjid.com/ info@yokohamamasjid.com
Ebina Masjid	3-12-1 Kamigo, Ebina-shi, Kanagawa Tel: 046-205-2121	https://muslim-guide.jp/mosque/ebina-mosque/

A **prayer room** is available on the second floor of the Iota Building at SFC.



Christian Churches with English Service in Kanagawa

Yokohama International Baptist Church	60 Nakaodai, Naka-Ku, Yokohama Tel: 045-621-6431	https://www.yibc.org/
Japan Union Conference of Seventh-day Adventist Church	* Yokohama English Church * Fujisawa Church	https://adventist.jp/international-ministries/
Sacred Heart Cathedral	44 Yamate-cho, Yokohama Tel: 045-641-0735	https://catholicyamate.org/welcome/
Catholic Fujisawa Church	1-1-17 Kugenuma Ishigami, Fujisawa Tel: 0466-27-2787	https://catholicfujisawa.org/

8-10 Student Organizations

Circle Square



<https://orientation.keio-zenkyo.net/for-english-person>

Keio University has a rich community that revolves around over 470 official student organizations – 68 of which are specific to SFC – across its six campuses. The Keio Arts and Culture Federation complements these with 90 organizations that encourage students to expand their cultural literacy and social awareness. With clubs encompassing countless interests, from contemporary and traditional dance and music, religion and Japanese cultural arts, to debate and philanthropy, students are guaranteed to find a community where they can make lifelong friends.

The List of Official Student Groups



<https://www.keio.ac.jp/fixed-files/2026-official-student-groups.pdf>

*Japanese language only

Clubs and Circles

The word “circle” is often used to refer to students’ clubs. “Circles” are also student clubs, but often require less of a time commitment than so-called “clubs.” To join a club or a circle, you can either go to their information events held at the beginning of the spring semester or contact them directly by searching for their website or social media profiles (such as Instagram or X).

For sports at Keio University, the Keio University Athletics Association organizes the university’s intercollegiate athletic teams, and provides them with coaching staff, medical aid, and training facilities. The league includes over 40 varsity sports clubs.

The Keio University Athletics Association



<http://www.uaa.keio.ac.jp/>

The Waseda-Keio Games

Keio University and Waseda University have long been friendly yet fierce rivals in academic and athletic pursuits. The Waseda-Keio baseball games in spring and fall are so popular with students, alumni, and the wider public that they are broadcast on TV.

8-11 International Student Support Groups

Support Groups Run by Students

The Association for International Students (AIS) is a Student Association in SFC organized in 2016. Its goal is to bring all students together to make SFC a better place. Contact it for more details.

KOSMIC (Keio Organization of Student Members of the International Center) is run by Keio University students and facilitates opportunities for international students to receive support from fellow students, and is mainly active at Mita Campus.

Support Groups Run by Alumni

Keio Welcome Net is a volunteer organization of Keio's alumni that supports international students.

Nihongo Club has been offering free Japanese conversation sessions for over 20 years to international students and visiting scholars on the Mita and Shinanomachi campuses.

Tokyo Mita Club was founded in 1974 by Keio alumni. It organizes various events and welcome parties to interact with international students.

Support from Government

The Ministry of Education, Culture, Sports, Science and Technology (MEXT) provides useful information to support the lives of international students.

AIS (Keio Association for International Students)

AIS Official Website:
<https://ais-official.sfc.keio.ac.jp/>

KOSMIC

https://www.ic.keio.ac.jp/en/organization/support_org.html

Keio Welcome Net

<https://sites.google.com/site/welcomenethomepage/>

Nihongo Club@Mita

https://www.ic.keio.ac.jp/intl_student/organization/nihongo-mita.html

Nihongo Club

@Shinanomachi

https://www.ic.keio.ac.jp/intl_student/organization/nihongo-shinanomachi.html

Tokyo Mita Club

<http://www.tmc.gr.jp/>
*Japanese only

MEXT



<https://www.mext.go.jp/en/index.htm>

8-12 List of Helplines

Harassment Prevention Committee (Keio)



<http://www.harass-pco.keio.ac.jp/en/committee.html>

Keio University Harassment Prevention Committee

The Keio University Harassment Prevention Committee is a body under the direct authority of the Keio President which aims to plan, liaise, coordinate, and conduct public relations activities for the prevention of harassment as well as consultation, surveys, mediation, and arbitration relating to acts of harassment at Keio University.

Office for Equity, Diversity, and Inclusion



<https://www.diversity.keio.ac.jp/index.html>

Keio University Office for Equity, Diversity, and Inclusion

Keio University established the Office for Equity, Diversity, and Inclusion in 2018, toward building an environment conducive to staff, faculty members, and students of all ages cooperating and coexisting in a spirit of mutual respect and acceptance for one another's individual personalities and various values, and to facilitate prompt responses to challenges relating to welcoming diversity.



keiodiversity@info.keio.ac.jp

Human Rights Counselling Service online by Ministry of Justice



<https://www.moj.go.jp/JINKEN/jinken21.html#01>

Human Rights Counselling Service Online by Ministry of Justice

You can consult about human rights issues online. The service is free of charge.

LGBTQ

LGBT jukuseikai is an unofficial LGBTQ student group at Keio University.

LGBT jukuseikai



<https://sites.google.com/view/lgbtjukuseikai/>



lgbt.jukuseikai@gmail.com