

Measures to Prevent COVID-19 Infections -Protecting Yourself and Everyone on Campus-

The Omicron variant of COVID-19, a highly infectious strain of the disease with a short incubation period, is still spreading throughout Japan. The following points are necessary to preserving students' campus experience.

- Individual recognition of, and compliance with, infection prevention guidelines
- Appropriate precautions to avoid spreading the virus further if you or someone close to you tests positive for COVID-19

Rule 1: Do not come to campus if you have a fever or are feeling unwell

If you feel even slightly unwell or are exhibiting COVID-19 symptoms (cough, sore throat, shortness of breath/difficulty breathing, fatigue, headache, muscle pain, runny or stuffy nose, loss of taste or smell, nausea, diarrhea, etc.), refrain from going out and monitor your health condition carefully.

* Please visit the Keio University Health Center website, submit a [COVID-19 self-quarantine report](#), and follow the provided instructions. Before coming to campus again, you must undergo an interview for permission to return to campus with the Keio University Health Center.



Rule 2: Avoid “close contact” interactions

1. Wear non-woven masks correctly to avoid becoming a close contact



Leave no gaps!
Cover your
mouth and nose

Wearing a non-woven mask that suppresses droplet transmission and covers the mouth and nose without gaps is fundamental to preventing close contact interactions.



Don't leave your
nose sticking out



Don't wear your
mask on your chin

Wearing a mask incorrectly is the same as not wearing a mask.

2. Examples of “close contact” interactions



- Talking while dining, even if there is a partition in place.
- Eating and drinking together at a table with no partitions, even if you are not having a conversation.

The risk of infection is extremely high when eating or drinking unmasked.

→ Please eat **in silence** at tables with partitions.



Conversations where at least one person within one meter talks while not wearing a mask is considered a close contact interaction.



Even when everyone wears masks, if people are in close proximity and talking loudly, it is considered a close contact interaction.



Activities that involve long periods of time spent in small rooms; karaoke, board games, mahjong, etc. are considered close contact interactions.

Rule 3: Keep records of possible “close contact” interactions

If you believe that you have been in close contact with someone, such as talking with someone without wearing a mask, approaching within one meter of them, interacting while wearing a mask but over a prolonged period of time in a confined space/close proximity, **make a record so that you can contact those involved immediately should you test positive for COVID-19.**