

Student Counseling Room

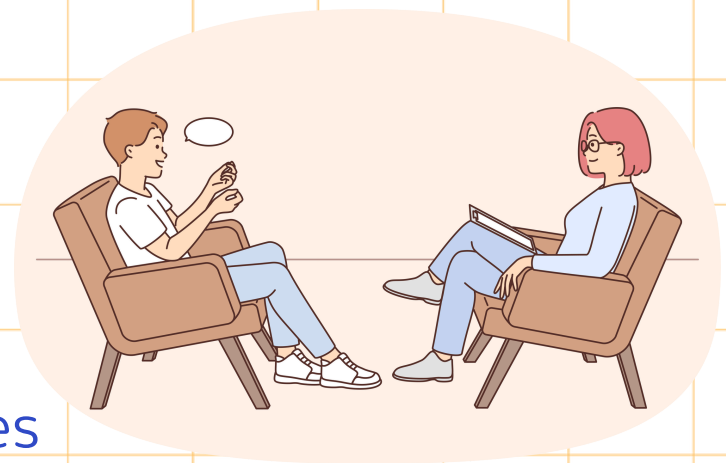
What is the Student Counseling Room?

This service was established to give all students the opportunity to consult with a counselor on various issues that may arise during the course of their studies at Keio University.

Rather than struggling with problems alone, students are encouraged to consult with staff at the Counseling Room for professional assistance.

We assist with:

- Academic studies
- Extracurricular activities
- Life planning and career guidance
- Interpersonal relationships
- Queries regarding personality/behavioral concerns
- Physical and mental health issues
- Other issues that arise as part of student life



Making an appointment



To request an appointment, contact the Counseling Room in person or by phone.



The Counseling Rooms at any campus are available regardless of your affiliation.

Confidentiality



*All personal details and the content of all counseling sessions are confidential.
(There are some exceptions to confidentiality.
If you have any questions or concerns about the Student Counseling Room confidentiality policies, please contact us.)



Please check more information about the consultation process and resources on mental health care.



<https://www.students.keio.ac.jp/com/life/consult/counseling-room.html>

Events

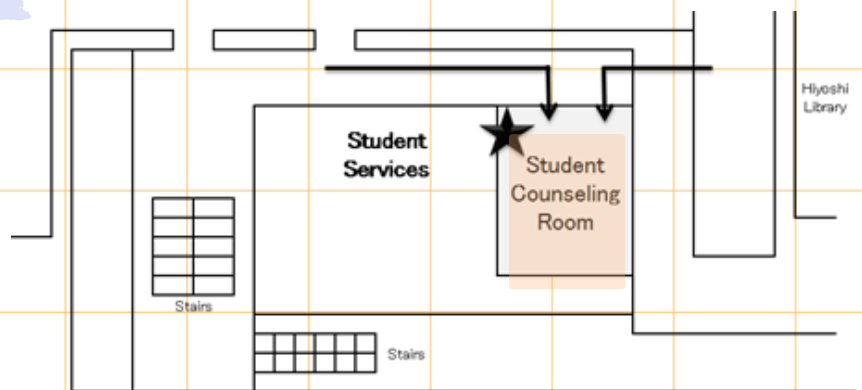
The Student Counseling Room hosts numerous workshops to assist students with self-discovery and self-expression. These activities also provide a venue for students to expand their social network. Please refer to the homepage for upcoming events. Some of our workshops are held in both Japanese and English. All students are welcome to participate in any programs.

Location

Hiyoshi Campus

【Tel】 **045-566-1027**

**1F, 4th Bldg.,
Independence Wing
(Dokuritsukan)**



【Office Hours】

Monday to Friday / 9:30AM-4:30PM

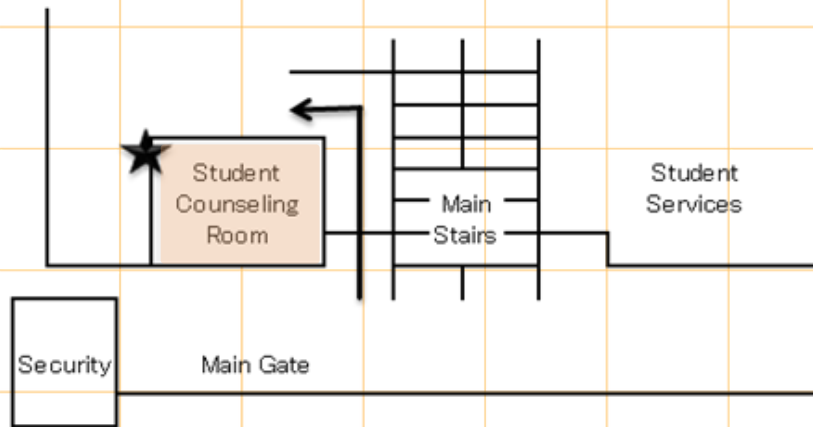
【English is available】

Tuesday, Thursday, Friday / 9:30AM-4:30PM

Mita Campus

【Tel】 03-5427-1575

**B1F,
South School Bldg.**



【Office Hours】

Monday to Friday / 9:30AM-4:30PM

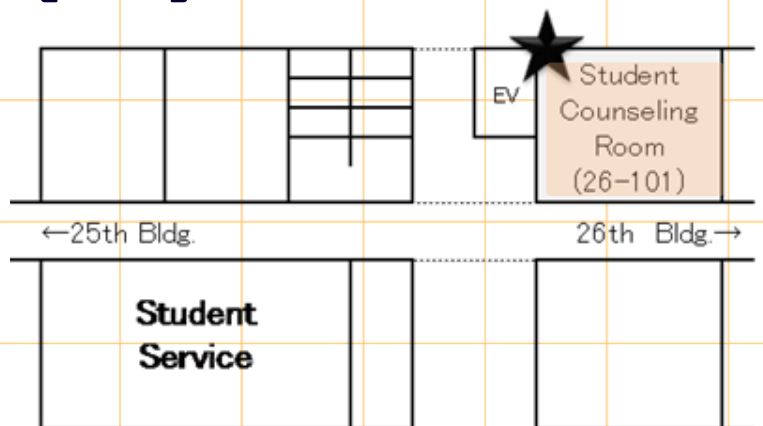
【English is available】

Monday, Wednesday, Friday / 9:30AM-4:30PM

Yagami Campus

【Tel】 045-566-1431

**Room 101, 1F,
26th Bldg.**



【Office Hours】

Monday to Friday / 10:00AM-5:00PM

【English is available】

Monday, Tuesday, Wednesday 10:00AM-5:00PM

Thursday 10:00AM-12:00AM (*morning only)



Please contact each
campus for the available
dates and times for
counseling in English.